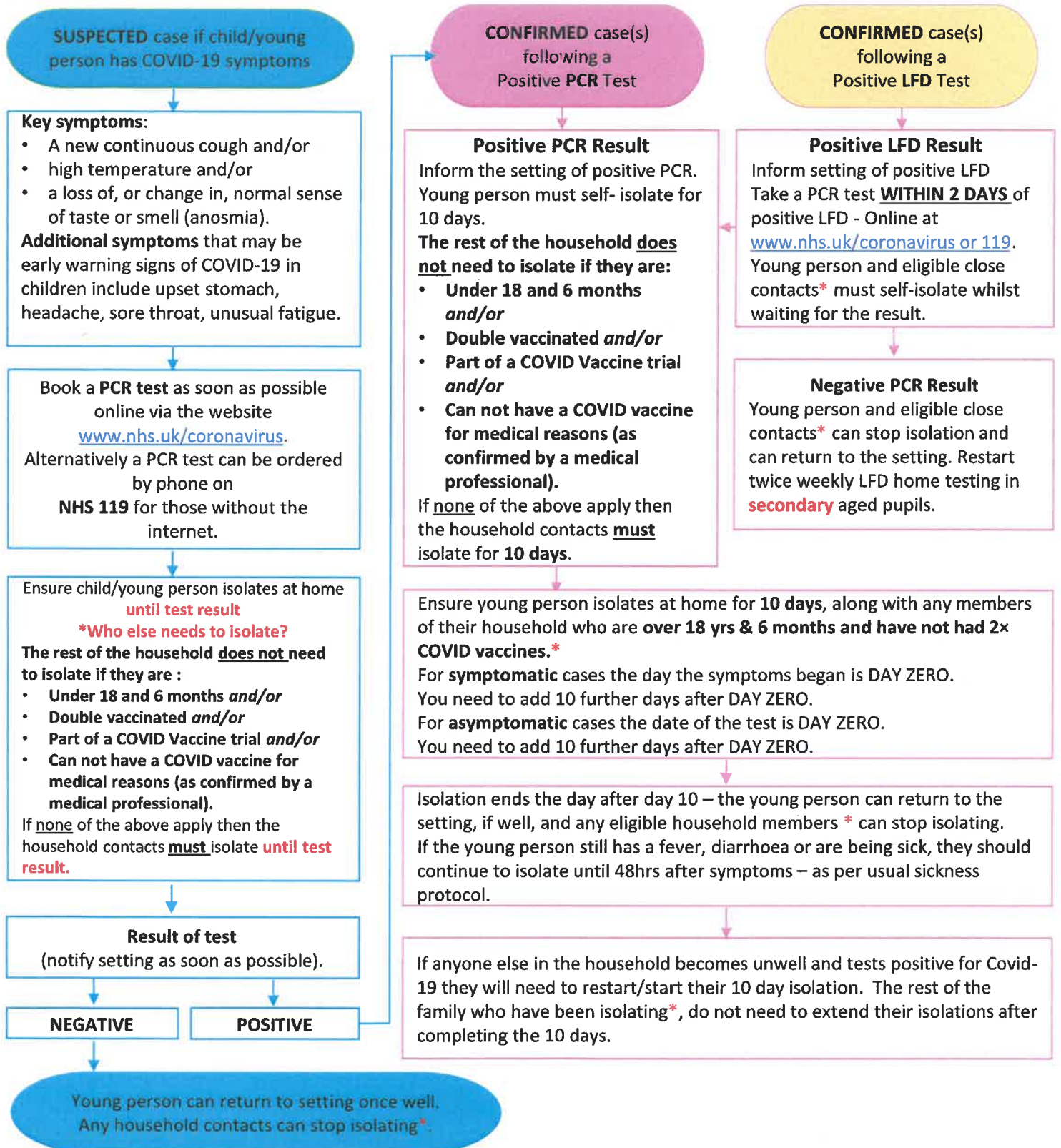


# COVID-19 Guidance for Parents/Carers in Bedford Borough Education Settings

## From 23<sup>rd</sup> August 2021

For any **SUSPECTED** or **CONFIRMED** case of COVID-19 in a young person please follow the flow chart below.



- We continue to ask families/children to wash hands regularly, keep spaces well ventilated, wear masks in crowded, public indoor areas.
- Masks are to be worn on transport to and from educational settings.
- LFD test = Lateral Flow Device tests are rapid tests that can be used at home and the result is available after 30 minutes.
- PCR test = polymerase chain reaction test that can be booked online and is sent to a lab for the result.
- If you have recently (within 90 days) had a positive PCR test for COVID-19 you are exempt from testing by both PCR and LFD within 90 days of a positive PCR test result, unless you develop new symptoms. Individuals may choose to take a LFD test after the isolation period.
- LFD tests are used for identifying Covid-19 infection where there are no symptoms and should **not** be used if you have any symptoms.
- LFD tests are safe to use in pregnancy.
- If you have had a COVID-19 vaccination you should still take part in the LFD testing as you may still transmit the virus.
- If you have been identified as an eligible close contact\* of a positive case, a negative LFD test does not mean you can stop isolating.
- If you have had a recent nosebleed, or have a nose piercing use the other nostril to swab for the LFD test.